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President: Mrs.Pat Hill

100 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Kent Cycling Association 100 miles open time trial incorporating the VTTA National '100' Championship, the VTTA (Kent Group) '100' Championship and the Tricycle Association (South Eastern Region) '100' for the Fliss Beard Memorial Trophy

Sunday 6th JUNE 2021

Course:Q100

Timekeeper Paul Mepham and Recorder John Clegg (VCElan-Harry Perry Cycles)

Event Secretary

Peter Hayes Catford CC

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TA Event Secretary and Handicapper

Mark Vowells San Fairy Ann CC

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TA Award: 1st fastest to hold the Fliss Beard Memorial Trophy for one year

KCA AWARDS	MEDALS	VTTA Nat., Championship Awards	PRIZES
SCRATCH		Best on Standard-Women	Champ'ship Jersey & Gold Medal
First	Gilt Plated Medal		
Second	Silver Plated Medal		
Third	Bronze Medal	Best on Standard-Men	Champ'ship Jersey & Gold Medal
Best Improved on 3 yr PB			
First	Gilt Plated Medal	2nd Best on Standard-Women	Silver Medal
Second	Silver Plated Medal		
Third	Bronze Medal		
		2nd Best on Standard-Men	Silver Medal
Vets on Standard			
First	Gilt Plated Medal		
Second	Silver Plated Medal	3rd Best on Standard-Women	Bronze Medal
Third	Bronze Medal		
LADY		3rd Best on Standard-Men	Bronze Medal
First	Gilt Plated Medal		
Second	Silver Plated Medal	Club Team of 3 with the best aggregate plus	Medals
Third	Bronze Medal		
Fastest Team of 3 Riders	Bronze Medals	Group Team of 3 with the best aggregate plus	Medals
		Best on Standard-Tandem	Gold Medals

**IN THE INTERESTS OF YOUR OWN SAFETY,
Cycling Time Trials and the event promoters strongly advise you to wear
a HARD SHELL HELMET that meets an internationally accepted safety standard.**

**In accordance with Regulation 15 ALL JUNIOR competitors must wear
Protective Hard Shell Helmets.**

**It is compulsory that a working rear light, either flashing or constant, is fitted to the machine
in a position visible to following road users and is active whilst the machine is in use.**

**Please take care at Hammond's Corner on the junction when turning left onto
A259.**

EVENT HEADQUARTERS

HQ: Brenzett Village Hall, King St, Brenzett, Romney Marsh, TN29 9UF. **Open from 05:00am.**

Please ensure your number is fitted in the correct position i.e. centrally positioned below the waist & can be easily read from the rear when you are in your normal riding position. PLEASE CHECK THIS. A MISSED NUMBER COULD BE A MISSED TIME.

INFORMATION FOR COMPETITORS

- Toilet facilities available at HQ. Please adhere to social distancing rules.
- All riders should come dressed in cycling kit and ready to ride.
- No clothing should be left at the HQ and at the start/finish area.
- No refreshments/food will be provided at the event due to COVID-19.
- Competitors must personally sign the signing-on sheet or they will not be allowed to race. Signing-on sheets and race numbers will be at the headquarters.
- All riders (including DNF) must sign-off at the end of TT.
- Please keep the noise to a minimum to avoid unnecessary disturbance to the residents.
- Competitors or their helpers must not park in the vicinity of the start or finish. Under no circumstances should competitors approach the timekeeper.
- Please adhere to the social distancing at all time.

Competitors must personally sign the signing-on sheet or they will not be allowed to race. Signing-on sheets and race numbers will be at the headquarters.

Please keep the noise to a minimum to avoid unnecessary disturbance to the local residents, No rider should use a turbo trainer or rollers in the HQ parking area or adjacent roads within 50 metres of a domestic property.

Competitors must not warm up on the course, and beware of riders racing from both directions as you make your way to the start.

Under no circumstances should **Competitors approach the time keeper.**

Competitors or their helpers must not park in the vicinity of the start or finish

Assisting Cars must be registered with the event secretary **BEFORE** you start. A Form accompanies this start sheet and copies will be available in the HQ on the morning before the event. CTT regulations concerning the use of cars will be strictly enforced.

The start is approximately 7 miles from the HQ, please allow at least 40mins to reach the start.

Directions to the start: Turn Left from the HQ car park and then take 3rd Exit B2080 at the minir/about at the end of the road. Continue to the main Brenzett R/about and then take the first exit A2070 heading North. Continue on A2070 to the top of Ham street Hill, passing under the Ashford Road Bridge and turn left, signposted Kingsnorth/Shadoxhurst. Turn right at T Junction onto Hamstreet/Ashford Road to find start at Sugar Loaf Crossroads at last drain cover at southern end of slip road from Capel Road(TQ994352)

Please take care making U Turn which must be made clear of the Start Area.

COURSE DETAILS

Course Code: Q100 Ham Stree-Brenzett-Camber-Brenzett

Mens Course Record 3.34.49- Chris Fennell

Ladies Course Record 4.09.10- Pip Jenkins

Start at Sugarloaf Crossroads at the last drain cover at southern end of slip road from Capel Road (TQ994352). Riders proceed south along Ashford Road where riders turn left (M) onto short link road to turn left again (M) onto A.2070. Riders continue through Bridgefield RAB (M) to Cloverleaf RAB (M) (4.65 miles) Take 2nd exit to Kingsnorth 2 RAB (M). Turn and fork left within 300 yards (M) to Cloverleaf RAB. Take the first exit (M) onto A2070 passing straight through Bridgefield RAB (M) to Brenzett RAB (M) (15.02 miles).

Riders take 2nd exit onto the A259 to Brooklands RAB (M) where straight on to East Guldeford where turn left (M) onto Camber Road. Follow through Camber (watch pedestrian lights), to Lydd by pass. Straight on over small RAB (M) to join B2075. At T junction at north end of town turn right (care) (M). Continue on B2075 to Hammonds Corner junction with A259. Turn left (M) onto A.259 and continue on to Brenzett RAB to complete 1st Camber circuit. (36.44 miles).

Complete a further Camber circuit to Brenzett RAB (57.86 miles).

Complete a further Camber circuit to Brenzett RAB (79.28 miles)

Complete a further Camber circuit but finish opposite Moore Lock Storage Unit Depot (TR 015263) on A259 approximately 0.7 miles before Brenzett RAB.

Marshals will be at junctions and roundabouts, but please remember it is the riders responsibility to ensure they know the course.